



Dear Parent/Carers,

Thought of the week: "The size of your success is measured by the strength of your desire, the size of your dream and how you handle disappointment along the way". **(Robert Kiyosaki)**

<u>Gold Awards</u>: Nicholas. T, Allan. D and Fatima. H-1R and Luca. P-2B

Achievement Awards for Writing: Toha. H-1G, Aila.P-1Y, Taseen. S-4R, Yusuf. Q-4Y, Laibah. M-6Y, Raafi. R-6R, Iman.I-6G(Maths), Ayaan. A-6G, Feroze. K-6B

Star of the week for ARP: Manha. M

Well done, children!

P4C Question for this week: Here is your next P4C question for children to discuss at home.

Would you rather have a job that pays a lot that you hate or a job that pays a little that you love?

Holocaust Memorial Day-27th January 2022

As always this week we have taken time in assemblies to remember the atrocities of the past, the genocide of Jews in WWII and the learning that we have done since. We have also considered how we can ensure that the future is brighter for all, and no race or religion suffers at the hands of those in power.

Rights Respecting:

RIGHTS RESPECTING



This week, the children will be learning about:

Article 1: Everyone under the age of 18 has all the rights in the Convention.

Article 2: Protection from Violence-The right to be safe. The government is responsible for protecting children from violence ,abuse, neglect, poor treatment and exploitation.

Article 22: All refugee children are entitled to protection and humanitarian assistance.

Please talk to your child about this Right at home.

This will help them to understand the Right and to become **confident communicators** .

COVID Update: Since Christmas on average we have had approximately 15 pupils and 7 members of staff out with COVID each week. This continues to be the case and children and staff affected are generally from across the school.

We continue to implement safe procedures and despite recent announcements, will continue use of face coverings or visors inside the building when appropriate.

<u>Cranbrook Primary School Family REA Scheme</u> <u>Questionnaire:</u> The deadline for completing the survey is 31st January 2022.

Redbridge Educational Psychology Service have been working hard on a hugely important and exciting new project for schools. The project is called the Race and Equality Awareness (REA) Scheme. We are pleased that your school has chosen to take part. As part of the project, we will be gathering information from across the school. Race and Equality is an issue that is important for everyone in the school community. This is why we want to hear from parents, school staff, and students. We would really value your opinion and would love to hear about your experiences and ideas about what could be done differently. Below is a questionnaire that takes around 15 minutes to complete. By taking part in this research you will be contributing to your school's iourney to ensuring it is a safe and welcoming space for all staff, students, and their families. Your answers will be completely anonymous, which means we don't know your name and your name can't be shared with anyone. You do not have to take part and can withdraw from the questionnaire at any time before it is completed Your answers will be used as part of a larger data set which will develop themes and key areas to focus on. If you have any questions or would like any support or information, please speak to a member of the school SLT. By clicking the next button at the bottom of the page, you are agreeing that you have read and agreed with the above information. You also agree to your answers being used as part of the project.

https://forms.gle/btRCA6vhhYh2Lut68

Well-being Parent Workshop- Friday 11th February

Cranbrook Primary has begun hosting a series of Wellbeing Parent Workshops to support our parents in meeting the needs of their children and the family. The next session will focus on **Online Safety**, in keeping with our theme of **Safer Internet Week!** You will receive input from our staff, who have knowledge and experience on this subject, with opportunities to interact with other parents and ask questions. So come along for coffee, biscuits and good company. There will also be a raffle prize draw at the end of the session. Places will be available on a first come, first serve basis. We look forward to seeing you.

Date: Friday 11th February 2022

Time: 9.15am to 11am and Venue: Dance Studio

Five Steps to Mental Well-being (3 of 5)

1. 3. Learn new skills

- Research shows that learning new skills can also improve your mental wellbeing by:
- boosting self-confidence and raising self-esteem
- helping you to build a sense of purpose
- helping you to connect with others
 Even if you feel like you do not have enough time, or you may not need to learn new things, there are lots of different ways to bring learning into your life.

Some of the things you could try include:

Try learning to cook something new. Find out about <u>healthy eating</u> and cooking tips

- Try taking on a new responsibility at work, such as mentoring a junior staff member or improving your presentation skills
- Work on a DIY project, such as fixing a broken bike, garden gate or something bigger. There are lots of free video tutorials online
- Consider signing up for a course at a local college. You could try learning a new language or a practical skill such as plumbing Try new hobbies that challenge you, such as writing a blog, taking up a new sport or learning to paint

Do not feel you have to learn new qualifications or sit exams if this does not interest you. It's best to find activities you enjoy and make them a part of your life

<u>Outdoorlearning @Cranbrook</u>; The 'bug hotel' is complete and ready to be mounted in the sensory playground. It has already prompted the children to talk about the importance of looking after our mini beasts and watching them explore their new home.

Our wonderful volunteer, Jamelia would like to make windchimes with recycled materials for the sensory garden, and so we ask that, if you have any of the following lying around the house unused, please send into school:

- *Copper piping cut-offs
- *Old unused keys
- *Shells

Smart watches

Please note watches that can take photographs or videos are banned from school, as they contravene our **Acceptable Use and Safeguarding Policies.** Any child who brings this to school will be expected to hand this in to the teacher. We will then return the watch to parents/carers at the end of the school day. Any child who repeatedly brings this in, will be very disappointed, as the watch will then be confiscated till the end of term.

Please help:

We are currently looking for adults who can speak Arabic, Khurdish or Eritrean to help interpret. If you are able to help, please contact the school office.



Key Dates for 2022

Spring term 2022

Tuesday 4th January 2022-Friday 1st April 2022

Thursday 27th January 2022-Holocaust Memorial Day 2022

Half term break-Monday 14th February 2022- Friday 18th February 2022

Easter break - Monday 4th April 2022 - Monday 18th April 2022

Summer Term 2022

Tuesday 19th April 2022- Friday 22nd July 2022

Half term break- Monday 30th May 2022 to Friday 3rd June 2022

Inset Days

Monday 21st February 2022

Tuesday 3rd May 2022

Donations for school uniform/PE kits

If you have any items of school uniform or PE kit that you no longer require and would like to donate to Cranbrook, please bring the items to the School Office.

You Tube and supervised experience: Supervised Experience builds on the historic (and pretty poor) Restricted Mode, which is essentially a filter allowing users to block content which is deemed for adult users only. There are now 3 filtering levels which are:

- Explore- for users 9+
- Explore More- for users13+
- Most of You Tube-all content excluding content marked as 18+

Importantly, you can manage these settings from your own device via Google Family Link.

There's a really simple and helpful guide. It includes a walkthrough video (under" Supervised Accounts on You Tube-How do I Get Started?" Please click on the link below for more information.

https://www.youtube.com/myfamily/? gclid=Cj0KCQiA2sqOBhCGARIsAPuPK0h3gNmafc9F S-QlSOyubQdAUQuJ-